

Updated 7/1/25 – 1:25 pm

STARTING DATES - Tryouts/Practice - FALL 2025
WEST SENECA DISTRICT TEAMS

You MUST register for your sport on Parent Portal (registration opens July 28th to August 7 ONLY) – [CLICK HERE](#)

SUMMER WEIGHT ROOM

All incoming students (grades 7-12)
Weight rooms at each High School will be open
Mon-Thurs, June 30 to August 14, 2025
Hours: Girls 8:00 – 9:30 am
Boys 9:30 – 11:00 am

MODIFIED CHEERLEADING	Janessa Cusimano	
BOYS & GIRLS VARSITY CROSS COUNTRY	Scott Page / Kelly Page	
MOD CROSS COUNTRY	Eric Beiter / Emilio Mancino	Modified Cross Country Information Mod Cross Country Maps Mod Cross Country Calendar
VARSITY FIELD HOCKEY	Kelli. Ruchalski / Maeghan Roberts	WSD Field Hockey Summer Workout WSD Field Hockey Summer Workout Calendar
MOD FIELD HOCKEY	Samantha Reinlander	Mod field hockey will start tryouts on Tuesday August 26th. These will be from 3:30-5pm on the grass field at East Middle. Tryouts will conclude Thursday August 28th and regular season practices will begin Tuesday September 2nd from 3:30-5pm on the grass field. Modified Field Hockey Info
VARSITY BOYS GOLF	Robert Jones	
BOYS VARSITY SOCCER	Jeff Bauda / Brandon Hackbarth(Asst.)	
BOYS JV SOCCER	TBA	
BOYS MOD SOCCER	Jacob Slade	<u>Tryout dates.</u> August 25th 9:00 – 11:00 am August 26th 3:30 – 5:30 pm August 28th 9:00 – 11:00am All try-outs and practices will be held at West Middle Soccer Field First practice after tryouts 9/2/25 with all practices being 4:00 – 5:30.
GIRLS VARSITY & JV SOCCER	Justin DiLoro / Rebecca Hanover (Varsity) Andrew Manna (JV)	

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GIRLS VARSITY SWIMMING	Jeff Kunkel / Emily Newell	Mon – Fri, Aug 18-22 12:00 – 2:00 pm Mon – Fri, Aug 25-29 12:00 – 2:00 pm Once school starts we will hold practice from 3:15-5:15. All practices and meets will be at East Senior.	East Sr Pool
GIRLS VARSITY TENNIS	Phil Pryn	Aug 18,19,20,21 9-11am Aug 25,27,28,29 9-11am	East Courts East Courts